

Academy

TENNIS
Concept



WEEKLY PROGRAM 2016/2017



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Our academy is located in Elche , 15 minutes from the airport, 10 minutes from the beach . More than 300 days of sun, first class facilities and a group of highly qualified trainers and offers scientific support us University Miguel Hernández , make it a unique and different academy .

FULL BOARD in restaurant

INDIVIDUAL BATHROOM

2 min WALK to pitch **LAUNDRY**



COMMON LIVING ROOM



SINGLE OR DOUBLE ROOM



TACTICAL TRAINING



TECHNICAL TRAINING

MENTAL TRAINING



PHYSICAL TRAINING

MATCHES





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We conduct programs weekly, monthly , quarterly and annual training , adapting training to ages and levels of players , and their goals.



High Quality Training carry using the latest methodologies and quality materials that improve the learning process. We have 4 clay courts one covered , 4 hard courts , 3 tennis mini- courts, 2 gyms and 4 Training Laboratories

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Our training philosophy is published in the issues N°.65 ITF